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To the Israel Ministry of Health:

My name is Dr. Zev Zelenko and I practice medicine in Monroe, NY. For the last 16 years, I have cared for approximately 75% of the adult population of Kiryas Joel, which is a chassidic enclave of approximately thirty five thousand people.

As of today, 65% of the Covid-19 test results have been positive. If extrapolated to the entire community, mostly likely more than twenty thousand people are infected at the present time. The average age of the residents of Kiryas Joel is around fifteen years old. I estimate that there are around 1500 patients that fall into the high risk category (i.e. >60, immunocompromised, comorbidities, etc).

I have developed the following treatment protocol for the outpatient setting:

- 1- Any patient with shortness of breath, regardless of age, I will treat.
- 2- Any HIGH RISK patient with even mild symptoms, I will treat.
- 3- I do not treat young and low risk patients unless they have shortness of breath.

I would like to thank President Trump for approving Hydroxychloroquine for use against this virus.

My treatment regimen is as follows:

- 1- Hydroxychloroquine 200mg one pill twice a day for 5 days
- 2- Azithromycin 500mg one pill a day for 5 days
- 3- Zinc sulfate 220mg one pill a day for 5 days

The rationale for my treatment plan is as follows. I combined the data available from China and South Korea with the recent study published from France. We know that hydroxychloroquine helps Zinc enter the cell. We know that Zinc slows viral replication within

the cell. Regarding the use of azithromycin, I postulate that it probably prevents secondary bacterial infections, but I am not sure. These three drugs are well known and usually well tolerated, hence the risk to the patient is low.

My team has treated, since last Thursday, approximately 350 patients in Kiryas Joel, and I have treated around 150 patients in Monsey, NY and New York City. I can definitively report that we have had ZERO deaths, ZERO hospitalizations, and ZERO intubations in Kiryas Joel since Thursday. I medically advise the Kiryas Joel Hatzolah and I am fully aware of their data. To the best of my knowledge, the 150 patients that I have treated outside of Kiryas Joel are doing well, thank G-d. I have not seen any serious negative side effects. I have seen around 10% of patients with nausea and diarrhea from the medication.

In summary, my recommendation is to initiate treatment in the outpatient setting, as soon as possible, in the appropriate patient. It seems to prevent acute respiratory distress syndrome (ARDS) and the need for respiratory support.

With much respect,

Dr. Zev Zelenko

cc: President Donald J. Trump; Mr. Mark Meadows, Chief of Staff

See also:

<https://blogs.sciencemag.org/pipeline/archives/2020/03/20/chloroquine-past-and-present>
Chloroquine, Past and Present, by chemist Derek Lowe

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